## Theme Sharing

### Seventh Sunday in Ordinary Time Encompassing Compassion

(1) Others had said: "do not do to others what you would not have them do to you." That is perhaps the basic law of manners and politeness. Jesus, characteristically, goes beyond this: Do to others.. The Christian ethic is positive. It goes beyond "Thou shalt not.." to "Do…" It is activist. There is the story of the man who appeared at the gate of heaven asking to be let in. St Peter asked him why he thought he should be let in. The man answered: "my hands are clean." "Yes," answered Peter, "but they are empty!'

(2) The Christian ethic always asks for more. Many people are puzzled and confused because Christian moral guides are sometimes slow to lay down a clear minimum which people must achieve to be justified. But Jesus asks for more. "If you love those who love you, what credit is that to you?" What is so special about that? Jesus asks for extra. He told his disciples: "unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven." Yet with those who tried and failed he was full of sympathy and compassion. He will never say "enough," but he will not reject anyone who has failed and comes back to him.

(3) Some people see life in terms of dog eating dog. David had his chance to kill his enemy before his enemy killed him, as Saul fully intended to do. But he held back and he would not take Saul's life. The temptation to violence is an easy one. The world is full of wars and violent confrontations. We yield too readily to our instincts of aggression, whether it is the great aggression where nation confronts nation in a balance of terror, or violent confrontations between groups of citizens, or violence in the home. Education in peaceful means of solving interpersonal and intercommunal difficulties is one of the greatest needs of our age. The way is open to Christians to start to learn more about non-violent means of solving conflicts and becomes peacemakers.

(4) Compassion is the characteristic of God – even of the "Old Testament God" whom many commentators, following some early Christian heretics, like to portray as harsh and cruel. Our psalm, which comes from the Old Testament emphasises that God is not the seeker of vengeance that many people imagine him to be. He is not waiting and anxious to punish each and every fault, but he is concerned only to remove our sins and to make us one with him.

(5) God's love and goodness, his desire not to reject or to lose us, is shown most powerfully in what he has done for us in his Son Jesus Christ. He has made us into a new creation. He wishes to join us with him for an eternity of fulfillment and happiness. God's compassion for sinful and unhappy humanity is the model of our compassion. St Matthew had said: "Be perfect as your heavenly Father is perfect" (Ch. 5:48.) St John said: "God is love" (1 John 4:7.) St Luke's report of Jesus' words is: "Be compassionate as your Father is compassionate."

## Rejoice in God's Mercy

Catholics celebrate the sacrament of Reconciliation because we recognise that sometimes we fail to do as we ought and because we believe in God's mercy and forgiveness. The priest can help you and you can trust the Holy Spirit to guide you. Even if you don't know how you can change your life, showing up makes you open to the grace that the sacrament brings. The Diocese of Calgary invites you to re-discover the meaning of the sacrament of Reconciliation in your life. Action: Speak about the sacrament of Reconciliation with someone this week. Share a positive experience or discuss your reservations with a priest or someone you know who participates in the sacrament.

## 'Misericordia et Miseria' Apostolic Letter

### Pope Francis' Apostolic Letter 'Misericordia et Miseria'

Pope Francis: To All Who Read This Apostolic Letter-Mercy and Peace

An experience of grace lived out by the Church with great effectiveness in the Jubilee Year has certainly been the service of the Missionaries of Mercy. Their pastoral activity sought to emphasize that God places no roadblocks in the way of those who seek him with a contrite heart, because he goes out to meet everyone like a father. I have received many testimonies of joy from those who encountered the Lord once more in the sacrament of Confession. Let us not miss the opportunity to live our faith also as an experience of reconciliation. Today too, the Apostle urges us: "Be reconciled to God" (2 Cor 5:20), so that all who believe can discover the power of love which makes us "a new creation" (2 Cor 5:17). I thank every Missionary of Mercy for this valuable service aimed at rendering effective the grace of forgiveness. This extraordinary ministry does not end with the closing of the Holy Door. I wish it to continue until further notice as a concrete sign that the grace of the Jubilee remains alive and effective the world over. As a direct expression of my concern and proximity to the Missionaries of Mercy in this period, the Pontifical Council for the Promotion of the New Evangelization will supervise them and find the most suitable forms for the exercise of this valuable ministry.

To Be Continued

## Diocese & Other News

### Installation Mass Livestream

A reminder that the Installation Mass of His Excellency the Most Reverend William T McGrattan, eighth Bishop of the Roman Catholic Diocese of Calgary, will be on February 27th at 7:30 pm. It can be viewed live on Salt & Light TV or livestreamed on our website www.calgarydiocese.ca

### 34th Annual Outdoor Way of the Cross

Our 34th Annual Outdoor Way of the Cross will be on Good Friday, April 14th, 2017. We need volunteers as readers, cross bearers and help with crowd control, volunteer registration, First Aid and lost persons. We are especially in need of volunteers with First Aid or those interested in helping out with Lost Persons. Volunteers for these positions will need to have a security clearance, which we can help facilitate. If you would like to help, please register at www.wayofthecross.ca. We will need to have a registration completed for each person volunteering. Any questions please contact marilou.legeyt@calgarydiocese.ca or call 403-218-5519.

## Saints Quotes

February 20– Monday
Look upon yourself as a tree planted beside the water, which bears its fruit in due season; the more it is shaken by the wind, the deeper it strikes its roots into the ground.-St. Margaret Mary Alacoque

February 21– Tuesday
Let the serenity of your spirit shine through your face. Let the joy of your mind burst forth. Let words of thanks break from your lips.-St. Peter Damian

February 22– Wednesday
Your deeds may be the only sermon some people hear today. -St. Francis of Assisi

February 23– Thursday
Follow the example of the Lord, being firm and unchangeable in the faith.-St. Polycarp

February 24– Friday
If you cannot find Christ in the beggar at the church door, you will not find him in the Chalice. St. John Chrysostom

February 25 – Saturday
He will provide the way and the means, such as you could never have imagined. Leave it all to him, let go of yourself.-St. Catherine of Siena

## Parish Activities

### ASH Wednesday

According to Bishop Henry's instruction, ashes cannot be distributed on the first Sunday of Lent. Our parish will therefore celebrate Ash Wednesday on:
March 1 at 9:00 am Mass (English) and 6:30pm Mass (Chinese)
It is time to get ready for a new Lenten journey. Parishioners are encouraged to join daily mass and Way of the Cross in Lent.

### ASh Wednesday and Good Friday Fasting and Abstinence

1. Among Catholics, fasting is a reduction in the normal amount of food consumption per day: one regular meal plus two other smaller meals without the provision of snacks during the Holy Days of observation.
2. Among Catholics, abstinence is the omission of meat and other meat products, except fish, in the diet during the Holy Days of observation.
3. Abstinence is practiced by a wider age group of Catholic individuals 14 and up as opposed to fasting which is practiced by Catholics aged 18 to 59.

### OLPH Way of the Cross in Lent

Starting from March 3
English: every Friday 8:30 a.m.
Cantonese & Mandarin:
every Saturday 4:30 p.m.

### Exposition of the Blessed Sacrament on March 4

The March's Exposition of the Blessed Sacrament will be led by Parish Pastoral Council on March 4 from 10am to 11am. Fr. Nguyen will listen to Confession. Parishioners are encouraged to attend.

### 2016 Donation Tax Receipts

2016 Tax Receipts will be distributed to parishioners next week ( February 26 ). Parishioners can pick them up at the church main entrance next week. Please contact parish office if you have any concern on your donation record.

## Weekly Activities

**Mon 20**

Family Day Ski Trip
Nakiska

**Wed, Fri Feb 22, 24**

OLPH Senior Centre
Time: 9:00a.m.-12:00 noon
Place: OLPH Church Upper Hall

**Fri Feb 24**

OLPH Scout
Time: 6:30pm.-8:30pm
Place: Upper Hall & Lower Hall

**Sat Feb 25**

Legion of Mary ( meeting )
Time: 9:45a.m.
Place: K of C Room at OLPH Church
Tai Chi Lesson
Time: 10:00 a.m. - 12:30p.m.
Place: OLPH Church Lower Hall
Yoga beginner class
Time: 11:30 a.m. - 12:45p.m.
Place: OLPH Church Upper Hall
R. C.I.A (Mandarin)
Time: 3:00 p.m. - 5:00p.m.
Place: K of C Room
Young Adults choir practice
Time: 5:00p.m.-7:00p.m.
Place: OLPH Lower Hall

**Sun Feb 26**

R. C.I.A (Cantonese and English)
Time: 9:30 a.m. - 12:30 p.m.
Place: OLPH Church Lower Hall
Sunday School
Time: 10:00a.m.-12:30p.m.
Place: OLPH Church Office Building
Young Adults visit Masion Senior Living
Time: 2:00pm-3:00pm

## Stories Faith Sharing

### Children bringing Peace

President Jimmy Carter, Anwar Sadat and Menachem Begin gathered in Camp David in 1978 to discuss peace. President Anwar Sadat approved the peace proposal but it was rejected by the Israeli Prime Minister Begin. There was a stalemate. The three, by now tired and emotionally drained, were about to depart

without any peace accord. As President Carter and Prime Minister Begin were about to depart they remembered that they had earlier agreed to sign photographs for each other's families. They met on the front porch of Prime Minister Begin's cabin for the signing. President Carter asked for the name of the children to make the signing more personal and Prime Minister Begin reciprocated. Then President Carter decided to show the photographs of his grandchildren describing the personality of each; Prime Minister Begin did likewise. As they looked at the pictures tears filled their eyes. What type of world would their grandchildren grow up in? Prime Minister Begin returned to his cabin and re-emerged after five minutes asking to look at the peace proposal once again.

## Let There Be Light

### A Unique Look at the Week

MONDAY -- WASH DAY God help me wash away my selfishness and vanity, so I may serve you with perfect humility through the week ahead.
TUESDAY -- IRONING DAY God, help me iron out all the wrinkles of prejudice I have collected through the years so that I may see the beauty in others.
WEDNESDAY -- MENDING DAY God, help me mend my ways so that I will not set a bad example for others.
THURSDAY - CLEANING DAY God, help me to dust out all the many faults I have been hiding in the secret corners of my heart.
FRIDAY -- SHOPPING DAY God, give me the grace to shop wisely so I may purchase eternal happiness for myself and all others in need of love.
SATURDAY -- COOKING DAY God, help me to brew a big kettle of brotherly love and serve it with clean, sweet bread of human kindness.
SUNDAY -- God, I have prepared my house for you. Please come into my heart as my honored guest so I may spend the day and the rest of my life in your presence.

## Read More Know More

### The Mass and Holy Communion

How can bread and wine become Christ's Body and Blood? It does, after all, still taste like bread and wine.

C.S. Lewis put it well when he wrote, "The command, after all, was "Take, eat': not 'Take, understand.'" Christ's presence in the form of bread and wine, and how it comes to be that way, is part of the mystery of faith we call the Holy Eucharist. The official Catholic teaching is that Christ is really present in the consecrated elements. The explanation known as "transubstantiation" says that the substance of bread and wine is changed into Christ's Body and Blood, leaving only the appearances, taste, and so on of bread and wine.

Transubstantiation sheds light on the change that takes place, and goes farther toward expressing the faith of the church than do some other theories about it. But the explanation called transubstantiation is not the basic teaching itself about Real Presence.

A very important point about Real Presence is that it is not limited to the Mass and, at Mass, is not limited to Christ present as bread and wine. Vatican II states:

"...Christ is always present in His Church, especially in her liturgical celebrations. He is present in the sacrifice of the Mass, not only in the person of His minister, 'the same one now offering, through the ministry of priests, who formerly offered himself on the cross,' but especially under the Eucharistic species. By His power He is present in the sacraments, so that when a man baptizes it is really Christ Himself who baptizes. He is present in His word, since it is He Himself who speaks when the holy Scriptures are read in the church. He is present, finally, when the Church prays and sings, for He promised: 'Where two or three are gathered together for my sake, there am I in the midst of them' (Mt. 18:20)."

For Catholics of Fundamentalists or anyone else to focus on Christ's Presence in the Eucharistic elements to the exclusion of his many other modes of presence in our lives – for example, his presence to us in those who are hungry (see Matthew 25:35, 42) – is to distort faith in the risen Jesus.

## 主日分享

### 常年期第七主日

瑪竇福音的山中聖訓，是耶穌在天國來臨的背景上，教導自己門徒的生活指南。因此，所寫的一切並非法律條文，要人咬文嚼字地遵守，不過其中涵容的精神，凡是經驗到天國來臨的信徒，都將由衷願意奉為理想。今天教會選擇的兩項事件，不但超過梅瑟法律，而且也非現代人所能完全了解與接受的。但是跟隨基督的人，必須認真地反省，付諸實行。

梅瑟法律說：「以眼還眼，以牙還牙」，這是建立在公平原則上的報復律。但是耶穌要求門徒，「不要抵抗惡人；而且，如果有人打你的右頰，你把左頰也轉給他」。究竟根據什麼理由要這樣做呢？這條後代人稱為「不抵抗主義」的基督聖訓的基礎是什麼呢？首先，這不是我們中國俗語說的：好漢不吃眼前虧，由於柔弱無能而不抵抗。也非鑒於陰狠的信念，以為不必自己抵抗，惡人自會遭到報應。不，這都不可能出自耶穌的山中聖訓。耶穌在一個「天主是愛」的新時代中，一方面祂知道「你爭我奪」、彼此鬥爭搶殺，永遠解決不了問題。「以眼還眼，以牙還牙」，看來似乎建立在公平報復的原則上，其實為有罪的人類，絕不可能以此來維持公平，往往藉著討個公平的名義，爭奪過份而構成更大的不正義。因此祂說：「不要抵抗惡人」。另一方面，耶穌肯定人間的各種衝突，個人的、民族的、國家的，唯一有效的解決方法，只有彼此接受來自天主的愛，互相尊敬與尊重。真正的公平和正義，必須以仁愛為基礎，這是教宗若望保祿二世根據福音的啓示，在他「富於仁慈的天主」通諭中表達的基本思想。基督「不抵抗主義」的基礎，是天國來臨新時代中的天主之愛。

不過對於福音中的字句，我們有兩點必要的說明。福音的字句，譬如「打你的右頰……左頰也轉給他」等等，都不是法律性的條文，僅是一種指南，基督信徒面對惡人，不必咬文嚼

字地實行，但「不抵抗」的精神，確實是耶穌所指出的生活方向；至於具體怎樣實行，那得臨場分辨了。其次，事實上，有關人間紛爭、國家衝突，一般而論，教會並不提出基督的「不抵抗主義」，有時也容忍為正義而戰。但這不是教會罔視福音聖訓，而是在這尚未完全接受天國來臨的世界中臨時性的立場。基本上，它服膺基督，要求大家和平相處。

至於今天福音中的第二項事件，便是基督宗教有名的愛仇道理。值得我們再三注意的，是耶穌所解釋的愛仇理由。祂不是宣講人道主義者，而是實踐天國來臨的唯一天主子。所以祂告訴我們：因為天父使太陽上升，光照惡人，也光照善人；降雨給義人，也給不義的人，所以我們作為接受天國來臨的天主子女，必須愛仇人，並為迫害自己的人祈禱。總之，在新時代中，耶穌要求門徒效法天父，天父怎樣憐愛自己，也怎樣去對待別人；這是基督的一貫教導。

為此，在今天福音中最後一句話說：「所以你們應當是成全的，如同你們的天父是成全的一樣」。「成全」在這句話中，並非是「十全十美」的意思，而是在救恩計劃中，天父已在基督內「完成」、「成全」一切。耶穌宣講天國來臨，天主作為人類大父的時代已經「成全」，因此耶穌要求我們效法「成全」時代的天父，也等於說，按照天國來臨的信仰經驗而生活與行動。至於山中聖訓，只是耶穌為我們的生活指南舉出的一些實例而已。

反省與行動：

1.我待人處事的準則，是「報復律」，還是「不抵抗主義」？

2.耶穌教導我們要「愛仇」，我該如何做到？

3.耶穌邀請我們按照天國來臨的福音精神而生活與行動，我們可以如何彼此鼓勵，勉力而行？

## 堂區活動

## 聖灰瞻禮

三月一日星期三是聖灰瞻禮。本堂將於當日九時彌撒(英文)為教友施放聖灰。此外，根據享利主教的指引，在四旬期第一主日不可施放聖灰，阮神父將於聖灰瞻禮當天晚上六時三十分加開中文彌撒，以方便教友領受聖灰，請各位教友能盡量參與。

在四旬期內，我們可作特別的努力，每天參與彌撒、每天朝拜聖體或拜苦路。

### 教友當日要守大小齋

小齋：教會規定凡已足十四歲的教友，在每年的聖灰禮儀及聖週內星期五紀念基督聖死日，應守小齋，即在那兩天放棄取用熱血動物的肉類食物。

大齋：教會要求年齡已滿十八至五十九歲的教友在每年的聖灰禮儀及聖週內星期五紀念基督聖死日，應守小齋外，還要守大齋，即在那兩天只可飽食一餐，其他兩餐只可進食少許食物，其餘時間可飲流質飲品，但不能進食其他食物〈藥物除外〉。

## 四旬期苦路善功

在四旬期內三月三日開始，按教會傳統，將舉行苦路善功，以紀念主基督為拯救人類,所受的苦難聖死。

請教友盡量抽出時間前來參與。

英語拜苦路：

逢週五早上彌撒前 8 時 30 分。

粵語國語拜苦路：

逢週六下午彌撒前 4 時 30 分。

## 三月顯供聖體

永援聖母堂三月份的顯供聖體由堂區牧民議會帶領，時間為三月四日上午十時至十一時。當天除了朝拜聖體外，阮神父將為教友聽告解。

請各位教友盡量參與！

## 2016 年退稅收條

2016 年退稅收條將於下主日(二月二十六日) 派發，教友可於下主日在教堂正門入口處拿取。

如有任何查詢，可與堂區辦事處聯絡。

## 活動一週

**星期一　2 月 20 日**

家庭滑雪同樂日

Nakiska 滑雪場

**星期三、五　2 月 22, 24 日**

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

**星期五　2 月 24 日**

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

**星期六　2 月 25 日**

聖母軍

時間：上午 9 時 45 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

成人慕道班（國語）

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂下禮堂

**星期日　2 月 26 日**

成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

大專青年團探訪Masion Senior Living

時間：下午 2 時至 3 時

## 心靈小品

### 主你哭了，我該怎麼安慰你？

主你哭了，因你鑒查人心知道我們知善卻不行善；

主你哭了，因為太多人追隨那沒有光的信仰模式；

主你哭了，因為你點亮的燈卻被層層的灰籠罩著；

主你哭了，因爲我們要神蹟要恩賜卻唯獨不要你；
主你哭了，因爲我們求聖神能力醫治卻不求發光；
主你哭了，因爲我們正急切步入法利塞人的行列；
主你哭了，因爲我們帶著世界的法和義沾沾自喜；
主你哭了，因爲我們行在黑暗中自己卻渾然不覺；
主你哭了，因爲地的根基已搖動我們卻死性不改；
主你哭了，因爲人們的重蹈覆轍因爲人們的無知；
主你哭了，因爲諾亞和索多瑪的世代再次的重現；
主你哭了，因爲我們在你面前獻著口是心非的祭獻；
主你哭了，因爲我們的心裡有太多傷你聖心的偶像；
主你哭了，因爲我們不明白也不願去明白你的心意；
主你哭了因爲我們對你的愛滿了己意那麼不完全；
主你哭了，因爲暗夜裡的發光者竟是那麼的稀少；
主你哭了，因你憐惜我們，甚至不願向我們發怒；
主你哭了，那樣的哭聲伴著那樣的嘆息聲傳來。
主你哭了，如今你的哭聲我聽見了，聲聲刺耳；這樣的哭聲撕裂著我的心一片一片；
主你哭了，於是我也想哭，爲自己也爲所有的人。
主你哭了，哭聲提醒著我們快預備必須警醒了；哭聲裡含著你對我們的期盼和等待；我們該如何平息你那哭聲？安慰你憂傷的心？

## 靈修小故事

### 天主最欣賞的

中世紀時代流行一個傳說：有一個年青的女人死後想進入天堂，但遭到拒絕，因爲她生前是個壞女人，做了許多壞事。不過，守門的天使給了她一個最後的機會，就是如果她能從地球上帶回一份令天主最欣賞的禮物，就可讓她進入天國。於是，那女人馬上回到地球上去。
一次，她看見一個年青人爲愛天主而喪命，她想這一定是天主最欣賞的禮物了，連忙 取了年青人的一滴血返回天堂。天使對她說；“這的確是一份很貴重的禮物，但還不算是天主最欣賞的，你再回去尋找吧!”
又一次，她看見一個老傳教士正爲窮人傳福音，她想這一定是天主最欣賞的禮物了。 於是，她立即取了傳教士額上的一滴汗水帶上天堂。天使又對她說：“這也不算是天主最欣賞的禮物。”就是這樣，她往返多次，但都未能找到被認爲是天主最欣賞的禮物。
她失望極了，一天，她准備放棄尋找“希望”時，忽然看見一個天真純潔的小孩子在井旁玩耍。同時，一個男士也來到井旁，他想取點水喝。井旁的小孩向他微笑，他天使般的笑容令男士想起自己的童年，也像他一樣的純真可愛。當他想到入神之際，他被自己在水中的倒影嚇了一跳--自己的相貌實在是太醜陋了。他見到自己充滿罪惡的心，頓時覺悟過來，因爲他知道自己過去的罪行；他更明白自己浪費了天主賜給他的寶貴生命，從他的眼睛裡不期然地流下了一滴滴充滿痛悔的淚水。
那女人立即把他的一滴眼淚帶上天堂的門前，那時，無數的天使和聖人喜樂地對她說：“悔改的罪人的眼淚，才是天主最欣賞的禮物。”
福音中，耶穌很欣賞那位稅吏的祈禱：他遠遠地站著，連舉目望天都不敢，祇是捶著自己的胸膛說：“天主，可憐我這個罪人吧!”他懇切地祈禱，不但令人看到他因做錯事而難過，更令人看到他的確真心的悔改，並因此得到更新，這才是天主最欣賞的禮物啊！因爲耶穌說過：“對一個罪人的悔改，在天上的歡樂，勝過那九十九個無需悔改的義人”。

## 知多一點點

### 感恩（聖體）聖事

<u>領受聖體聖血有什麼意義？</u>
這是領受者和主耶穌基督的個人交往，關係到祈禱和整個人的靈性生活。從基督來說，這是祂爲愛我們所作的犧牲，爲體現祂在十字架上承行天父旨意所作的救世祭獻。
從領受者來說，領受基督聖體，是接受基督進入我們內生活，使我們住在祂內，成爲生活的祭獻（若 6:56-57；格前 5:6-8；哥 1:24；羅 12:1-2；希 10:4-10）與 祂共赴生死（瑪 20:22-23；谷 10:38-40；瑪 26:39-42；谷 14:36；路 22:42；若 18:11）；領受基督聖血，是在基督內結盟合一，預嘗末世的婚宴，邁向天國的共融。（格前 10:16-21; 12:27-30；路 14:15；默 19:6-9）
總括來說：領受（聖體 (聖血)）共融聖事，是與基督結合爲一；也因而離開罪惡；同時也是與基督的肢體結盟合一；並且是活於基督，承行天父旨意的生活奉獻（包括獻身愛人、關心窮人，爲生者、死者祈禱等）；更是邁向天國盛宴的保證。
綜合來說，吃喝「主的餐」（彌撒），就是參與默西亞的筵席（比對岳 4:18「新酒」；依 25:6-9「末世盛宴」）。
<u>我們要怎樣參加彌撒聖祭和領受主的體血呢？</u>
我們要懷有歸依和受教的心，在祈禱中聆聽聖經，接受主的教導，更要懷著信德，聯同救主耶穌一起，把自己奉獻給天主聖父，爲承行祂的旨意，並且通過領受主的體血，接受主生活在自己內，且在主內結盟，以愛德生活，延續基督的救世工程，同時，懷著望德，期待在天國永遠共融。
<u>臥病在床的信友也能領略聖體（聖血）的意義嗎？</u>
主耶穌愛所有的人。每人處境不一，在領聖體（聖血）時，主耶穌按人的處境，也以不同的方式，與不同的人同在。臥病在床的人，也能領悟主基督的愛和平安，聯合基督的犧牲、奉獻自己，爲衆人的得救，立好榜樣，以忍耐、信德、愛德和望德，期待天國的恩許，爲主作證。